

Heritage Hills Schools Breakfast & Lunch Menu August 2019

Breakfast is \$ 1.85 and is served with Milk & Fruit Choice and is served from 7:25 to 7:45 in the Middle School and from 7:25 to 8:10 in the High School

BREAKFAST ON THE GO! Middle School Students will be allowed to take their breakfast into the classroom!

Offer vs. Serve: You must choose 1/2C Fruit or vegetable for one of the 3 required food items. You may choose all 4 items.

Lunch is \$ 2.35 and is served with Milk & Fruit Choice

Offer vs. Serve: You must choose 1/2C fruit or vegetable for one of the 3 required food components. You may choose all 5 components.

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast or Mini Cinni w/2 Sausage or Frudel w/2 Sausage	Egg & Cheese Biscuit or Mini Cinni w/2 Sausage or Frudel w/2 Sausage	Breakfast Calzone or Mini Cinni w/2 Sausage or Frudel w/2 Sausage	Breakfast Pizza or Mini Cinni w/2 Sausage or Frudel w/2 Sausage	Scrambled Eggs w/Sausage Links or Mini Cinni w/2 Sausage or Frudel w/2 Sausage
2019	August			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	01	02
05	06	07	08	09
12	13	14 First Day!	15	16
		Breaded Pork Steak w/roll or Turkey & Noodles w/Gravy or Pork Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Garden Salad, Apple SALAD BAR: Spaghetti w/Breadstick, Salad, Fruit	Chicken on the Beach w/Rice & Tostitos or Chicken Patty Sandwich or Beef/Bean Burrito w/cheese, Refried Beans, Garden Salad & Tomatoes, Strawberries, Cookie SALAD BAR: Taco, Black & Refried Beans, Rice, Salad, Fruit	Pizza Rectangles or Corn Dog or Fish Sandwich, Blueberries, Yogurt, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit
19	20	21	22	23
Bosco Stuffed Crust Pizza or Philly Steak & Cheese Sandwich or Hamburger, Green Beans, Garden Salad, Orange Wedges SALAD BAR: Nachos & Cheese, Salad, Fruit	Chicken Breast Bites w/Breadstick or Orange Chicken & Rice or Chicken Patty Sandwich, Stir Fry Vegetables, Garden Salad, Applesauce, Cookie SALAD BAR: Asian Bar w/Rice, Salad, Fruit	Country Fried Steak w/roll or Turkey & Noodles w/Gravy or Grilled Chicken Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Apple SALAD BAR: Bosco Sticks w/Marinara, Salad, Fruit	Pepperoni Calzone or BBQ Rib Sandwich or Fiestada Pizza, Baked Beans, Veggie Cup, Spiced Apples, Cookie SALAD BAR: Taco, Black Beans & Refried Beans, Rice, Salad, Fruit	Pizza Rectangles or Corn Dog or Fish Sandwich, Blueberries, Yogurt, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit
26	27	28	29	30
Sloppy Beefy Scoops or Chicken Patty Sandwich or Sloppy Joe Sandwich, Garden Salad, Potato Stix, Green Beans, Orange Wedges SALAD BAR: Nachos & Cheese, Salad, Fruit	Beefy Nachos w/Chips or Beef Stroganoff or Burger, Peas, Corn, Garden Salad, Applesauce, Cookie SALAD BAR: Sub Sandwich Bar or Soup, Salad, Fruit	Salisbury Steak w/roll or Turkey & Noodles w/Gravy or BBQ Rib, Steamed Broccoli, Mashed Potatoes w/Gravy, Apple SALAD BAR: Breakfast Bar, Salad, Fruit	Chicken on the Beach w/Rice & Tostitos or Chicken Patty Sandwich or Beef/Bean Burrito w/cheese, Refried Beans, Garden Salad & Tomatoes, Strawberries, Cookie SALAD BAR: Taco, Black & Refried Beans, Rice, Salad, Fruit	Pizza Rectangles or Corn Dog or Fish Sandwich, Blueberries, Yogurt, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit
02	03	Notes:		